



CRISIS PREVENTION INSTITUTE®

De-Escalating Challenging Behaviors

**Free Training for Parents and Caregivers
November 3, 2021 - 6-8pm
Hudson Middle School Media Center**

- School districts are required to train staff in evidence-based crisis management and de-escalation techniques. A core team of Hudson City Schools staff members are trained in nonviolent crisis intervention through the Crisis Prevention Institute (CPI). CPI invited Hudson to participate in a pilot program developed by CPI, in partnership with the Lurie Center at Harvard University, to extend to families some of the same basic de-escalation techniques that staff are trained in, to use at home.
- The training is designed for parents and caregivers of children who display aggressive and self-injurious behaviors, including children on the autism spectrum. It will be taught by Hudson City Schools CPI-certified instructors and is being hosted by Hudson's Parent Mentor.
- Participants will be empowered to use a variety of proactive intervention strategies to avoid or de-escalate challenging behavior at home. The training also reviews best practices to safely manage crisis situations, if unsafe aggressive or self-injurious behaviors should occur.
- Since the program is a pilot, participants will be asked to complete a brief (optional) survey at the conclusion of the training, and then again 30 days, and 60 days out to provide CPI with feedback on the program content. There is no cost to participate.
- Please direct any questions regarding this training to Hudson's Parent Mentor, Darlene LaFontaine at :
 - lafontad@hudson.k12.oh.us

**If you plan to attend this free
training, please register at:**

[https://www.signupgenius.com/
go/70A0444A8AF2FA7FB6-deescalating](https://www.signupgenius.com/go/70A0444A8AF2FA7FB6-deescalating)



Ohio's Parent Mentor Project