

Quick Care, Urgent Care or ER: Where to Go?



These are general guidelines to help you make health care decisions. If your child's condition is listed in multiple boxes below, choose the option that is most convenient for you.

Quick Care Online

For common issues, virtual visits by mobile phone or computer

- Allergies
- Burns/sunburn – minor
- Cold, cough or congestion
- Diarrhea or vomiting
- Eye redness/drainage/itching
- Fever – child 3 months or older
- Flu
- Insect bites/stings or minor dog bite
- Rash
- Sore throat

Urgent Care

For injuries and illnesses that aren't life-threatening

- Allergic reaction – rash
- Allergies
- Asthma attack – minor
- Broken bone – skin intact, fear of break
- Burn (minor/sunburn)
- Colds, cough or congestion
- Cuts – small, simple cuts that may need stitches
- Diarrhea or vomiting
- Dizziness
- Earache/ear infection
- Eye redness/drainage/itching
- Fever – child 3 months or older
- Flu
- Headache – no nausea, vomiting or vision changes
- Head injury – child remains conscious
- Insect bite/sting or minor dog bite
- Nausea
- Pain upon urination
- Physicals – summer, sports only
- Rash
- Sore throat
- Splinter or tick removal
- Sprain or strain
- Stomach pain – minor
- Urinary tract infection

Quick Care

For basic medical care when your child's doctor isn't available

- Allergies
- Burns/sunburn – minor
- Cold, cough or congestion
- Cuts – small, not deep
- Diarrhea or vomiting
- Earache/ear infection
- Eye redness/drainage/itching
- Fever – child 3 months or older
- Flu
- Headache – no nausea, vomiting or vision changes
- Insect bites/stings or minor dog bite
- Nausea
- Pain upon urination
- Physicals – sports or work
- Rash
- Sore throat
- Stomach pain – minor

Emergency

For severe injuries and illness that could threaten life or limb

- Asthma attack – major
- Allergic reaction – trouble breathing or swallowing, facial swelling
- Bleeding that won't stop
- Broken bone – obvious break
- Burn – major
- Cast problems – wet or soiled
- Cuts – deep, long cuts that continue to bleed – or large boils
- Dehydration
- Fever – child under 3 months
- Head injury – severe
- Migraine headache
- Pneumonia
- Poisoning or swallowed object
- Rash with purple spots or bruising
- Seizure, shock or fainting
- Stomach pain – severe
- Trouble breathing or swallowing