



Hudson City Schools Elementary Birthday Treat Guidelines 2016-2017

Birthdays can be a special time for children, especially when they can celebrate their special day at school with birthday treats for classmates, teachers and staff.

Because these treats are often messy, may contain allergens (peanuts, tree nuts, gluten, dairy, etc.), and are non-nutritious, we have created guidelines that will be used for treats in our elementary schools.

We are encouraging you to consider non-food items:

- Please feel free to arrange a time with the classroom teacher to read your child's favorite book (or send the book in for the teacher to read if you are unavailable).
- Provide each student in the class with a *small* party favor like pencils, erasers, stickers, etc.
- Donate a ball or jump rope which can be used for classroom for outdoor recess or a board game for indoor recess.

If you prefer to send a birthday treat, please refer to the District's Acceptable Snack List. Individually wrapped commercial packaged items make it easier for you and us to know the ingredient contents in order to avoid distributing food items that contain allergens.

Thank you for helping your child celebrate his or her special day while following these guidelines. This will help us keep kids safe and will reinforce healthy habits that you teach at home.

This information is also posted on the K-8 building websites at www.hudson.k12.oh.us > Parent Resources.

