



NUT AWARENESS

September, 2016

Dear Parent/Guardian:

Most of you are becoming more aware of the dangers to children who have significant allergies to all tree nuts, peanuts, peanut butter, and/or all products that contain nuts. We know that strict avoidance is the only way to prevent a severe allergic reaction. This allergy can be life threatening or create the need for emergency medical intervention if the affected student comes in contact with any of these foods.

We encourage you to watch our *Allergy Awareness Documentary* at www.hudson.k12.oh.us > Parent Resources. This video, created by Hudson High School students, helps us better understand how nut allergies affect some of our own students and their families.

In an effort to ensure all students are safe throughout the school day, we are asking parents to partner with us to keep all students as safe as possible. We need your help in supporting the following guidelines to make our schools peanut/nut aware.

- **Lunch:** “Nut Free” Zones are provided in the lunch room for those students with an allergy. If your student consistently packs a lunch containing tree nuts, peanuts, peanut butter, or other nut products, please remind your student avoid the “Nut Free Zone” when eating lunch. All types of celebratory/birthday treats are prohibited from being shared during lunch time. We also request that you reinforce with your child that sharing food (such as lunch items) is not recommended.
- **K-8 Classrooms:** Please do not send in any snacks or treats containing nuts, peanuts, and peanut butter products for daily snack, birthday parties, or classroom celebrations. Classrooms will be considered “Peanut/Tree Nut Free.” Food products labeled with the possibility of cross contamination during processing are also forbidden in the classroom. This can only happen with your help. A helpful list of safe snacks and non-food birthday party items is included with this letter.

Please refer to the school website www.hudson.k12.oh.us > Parent Resources or call the school if you have any questions about “safe” foods to share with the class.

Thank you in advance for your continued support and help as we continue to make your child’s classroom even safer.